

SANTEE SENIORS 55+

SEPTEMBER 2017

DESIGNED FOR ADULTS OVER 55
GET INVOLVED ~ STAY CONNECTED ~ BE ACTIVE
santeerec.com (619) 258-4100 ext.222

Mission Trails Fitness Walk

Wednesday,
September 20
9:00am



Meet us at the Mission Trails Visitor Center to check out the center and then do a city staff lead fitness walk through the area to take in all the beauty that Mission Trails has to offer.

PARKS
SANTEE
& RECREATION

Address:
1 Father Junipero Serra Trail
San Diego, CA 92119

EXPLORE OLD TOWN

Thursday, October 19



We will be taking the trolley to explore Old Town, the Historic heart of San Diego. Wander through lush gardens, browse at one of the many specialty shops, visit one of many historic sites or indulge in authentic Mexican food at one of the many fine restaurants.

Departure Time: 9:00am

Return Time: 3:30pm

Fee: Free— must register*

Departure and Return Location: Santee Trolley Station

Bring: Money for trolley ticket, lunch, and comfortable shoes

* Registration Deadline: Tuesday, October 17

Tue

Wed

Thu



5

6
First Wednesday
Ukulele for
Beginners
Santee Library
9:00am

7
Fitness Walk
Santee Lakes
Meet at Teen Center
9310 Fanita Parkway
9:00am

12

13
Games w/Suzanne
City Hall
Room 7
10601 Magnolia Ave
9:00am

14
Fitness Walk
Walker Preserve Trail
9500 Magnolia
Avenue
9:00am

19

Trivia Fun
City Hall
Room 7
10601 Magnolia Ave
9:00am

20
Fitness Walk
Mission Trails
Visitor Center
9:00am



21

26



27
Breakfast Potluck
Santee Teen Center
at Santee Lakes
9310 Fanita Parkway
9:00am

28
Fitness Walk
Mast Park— Parking
Lot 9125 Carlton
Hills Blvd
9:00am